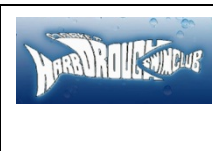




MARKET HARBOROUGH SWIMMING CLUB
 (Affiliated to Leicestershire and East Midland ASA)
400m, 800m & 1,500m Freestyle Championships
 (under ASA Laws and Technical Rules)



This Event is a LEVEL 4 LICENSED MEET (see below) for ENTRY INTO COUNTY CHAMPIONSHIPS and LEVEL 3 MEETS

How to Enter: WRITE YOUR BEST TIME (P.B.) in the appropriate box below. *Age is as at 7th November 2015.*

You will be seeded to swim against swimmers of your own ability, but not necessarily of your own age. All events are "Heat Declared" – there are no finals. Awards will be given to the fastest 3 swimmers in each age group.

Event (4EM150427) – Freestyle (Boys) – 11 th June 2015						
Age	8/under	9 yrs	10 yrs	11/12 yrs	13/14 yrs	15 over
400m						

Event (4EM150427) – Freestyle (Girls) – 11 th June 2015						
Age	8/under	9 yrs	10 yrs	11/12 yrs	13/14 yrs	15 over
400m						

Event (4EM150428) – Freestyle (Boys) – 2 nd July 2015						
Age	8/under	9 yrs	10 yrs	11/12 yrs	13/14 yrs	15 over
1,500m						

Event (4EM150428) – Freestyle (Girls) – 2 nd July 2015						
Age	8/under	9 yrs	10 yrs	11/12 yrs	13/14 yrs	15 over
800m						

		Date of Birth	
First Name	Surname	Age as at 7th November 2015	
Entry Fee £ 0.50 per Event		Contact Telephone Number	
		Total Entry Fee Paid	£

I declare that the above particulars are correct and that I am eligible for competition in accordance with the ASA Laws and that I am a First Claim Swimmer to MHSC. I acknowledge that these details may be retained in the Club's computer records.

Signature of swimmer..... **Date**..... **Signature** of carer if swimmer under 18

You may only enter the events in your age group; the shaded areas indicate events that you are **NOT** eligible to swim.

Entries must be submitted to Val Dunton
Closing Date for Entries Friday 22nd May 2015

No late entries will be accepted.