



**MARKET HARBOROUGH SWIMMING CLUB**  
 (Affiliated to Leicestershire and East Midland ASA)  
**200m Championships**  
 (under ASA Laws and Technical Rules)



This Event is a LEVEL 4 LICENSED MEET (see below) for ENTRY INTO COUNTY CHAMPIONSHIPS and LEVEL 3 MEETS

How to Enter: WRITE YOUR BEST TIME (P.B.) in the appropriate box below. *Age is as at 7<sup>th</sup> November 2015.*

You will be seeded to swim against swimmers of your own ability, but not necessarily of your own age. All events are "Heat Declared" – there are no finals. Awards will be given to the fastest 3 swimmers in each age group.

Event (4EM150424) – Butterfly – 19 <sup>th</sup> March 2015						
Age	8/under	9 yrs	10 yrs	11/12 yrs	13/14 yrs	15 over
200m						

Event (4EM150425) – Backstroke – 9 <sup>th</sup> April 2015						
Age	8/under	9 yrs	10 yrs	11/12 yrs	13/14 yrs	15 over
200m						

Event (4EM150426) – Breaststroke – 14 <sup>th</sup> May 2015						
Age	8/under	9 yrs	10 yrs	11/12 yrs	13/14 yrs	15 over
200m						

Event (4EM150429) – Freestyle – 10 <sup>th</sup> September 2015						
Age	8/under	9 yrs	10 yrs	11/12 yrs	13/14 yrs	15 over
200m						

Event (4EM150430) – Individual Medley – 15 <sup>th</sup> October 2015						
Age	8/under	9 yrs	10 yrs	11/12 yrs	13/14 yrs	15 over
100m						
200m						

		Date of Birth	
First Name	Surname	<i>Age as at 7<sup>th</sup> November 2015</i>	
Entry Fee £ 0.50 per Event		Contact Telephone Number	
		Total Entry Fee Paid	£

I declare that the above particulars are correct and that I am eligible for competition in accordance with the ASA Laws and that I am a First Claim Swimmer to MHSC. I acknowledge that these details may be retained in the Club's computer records.

**Signature** of swimmer..... **Date**..... **Signature** of carer if swimmer under 18 .....

You may only enter the events in your age group; the shaded areas indicate events that you are **NOT** eligible to swim.

**Entries must be submitted to Val Dunton**

**Closing Date for Entries Saturday 27th February 2015**

*No late entries will be accepted.*

✂ .....

Please tick, tear off and keep this portion as a reminder of what you have entered.

Date	19 <sup>th</sup> Mar'15	9 <sup>th</sup> Apr'15	14 <sup>th</sup> May'15	10 <sup>th</sup> Sept'15	15 <sup>th</sup> Oct'15
Time	7.30 p.m.	7.30 p.m.	7.30 p.m.	7.30 p.m.	7.30 p.m.
Stroke	Butterfly	Backstroke	Breaststroke	Freestyle	Ind. Medley