



MARKET HARBOROUGH SWIMMING CLUB
 (Affiliated to Leicestershire and East Midland ASA)
400m, 800m,1500m & 400m I.M Championships
 (under ASA Laws and Technical Rules)



This Event is a **LEVEL 4 LICENSED MEET** (see below) for **ENTRY INTO COUNTY CHAMPIONSHIPS** and **LEVEL 3 MEETS**

How to Enter : **WRITE YOUR BEST TIME (P.B.)** in the appropriate box below. Age is as at 31st December 2016

You will be seeded to swim against swimmers of your own ability, but not necessarily of your own age. All events are "Heat Declared" - there are no finals.

Event - Freestyle 9th June 2016 EM161101						
Age	8/Under	9 yrs	10 yrs	11/12 yrs	13/14 yrs	15/Over
400m						
Event - Freestyle (BOYS ONLY) 7th July 2016 EM161102						
Age	8/Under	9 yrs	10 yrs	11/12 yrs	13/14 yrs	15/Over
1,500m						
Event - Freestyle (GIRLS ONLY) 7th July 2016 EM161102						
Age	8/Under	9 yrs	10 yrs	11/12 yrs	13/14 yrs	15/Over
800m						
Event - Individual Medley 24th November 2016 EM161107						
Age	8/Under	9 yrs	10 yrs	11/12 yrs	13/14 yrs	15/Over
400m						

		Date of Birth	
First Name	Surname	Age as at 31st December 2016	
ASA Number		Contact Telephone Number	
Entry Fee £0.50 per Event		Total Entry Fee Paid	

I declare that the above particulars are correct and that I am eligible for competition in accordance with the ASA Laws and that I am First Claim Swimmer to MHSC. I acknowledge that the details may be retained in the Club's computer records

Signature of swimmer..... Date..... **Signature** of carer if swimmer under 18.....

Cheques should be made payable to **Market Harborough Swimming Club**. Entry fee **must** accompany entry form

You may only enter the events in your age group; the shaded areas indicate events that you are NOT eligible to swim.

Entries must be submitted to Val Dunton
Closing Date for Entries 9th May 2016
No Late entries will be accepted

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Please tear off and keep this portion as a reminder of what you have entered

Stroke	Event Entered	Date
400m Freestyle		09/06/2016
1,500m Freestyle		07/07/2016
800m Freestyle		07/07/2016
400m Individual Medley		24/11/2016