



**MARKET HARBOROUGH SWIMMING CLUB**  
 (Affiliated to Leicestershire and East Midland ASA)  
**200m Championships**  
 (under ASA Laws and Technical Rules)



This Event is a **LEVEL 4 LICENSED MEET** (see below) for **ENTRY INTO COUNTY CHAMPIONSHIPS** and **LEVEL 3 MEETS**

How to Enter : **WRITE YOUR BEST TIME (P.B.)** in the appropriate box below. Age is as at 31st December 2016

You will be seeded to swim against swimmers of your own ability, but not necessarily of your own age. All events are "Heat Declared" - there are no finals.

Event - Butterfly 17th March 2016 EM161098						
Age	8/Under	9 yrs	10 yrs	11/12 yrs	13/14 yrs	15/Over
200m						
Event - Backstroke 14th April 2016 EM161099						
Age	8/Under	9 yrs	10 yrs	11/12 yrs	13/14 yrs	15/Over
200m						
Event - Breaststroke 12th May 2016 EM161100						
Age	8/Under	9 yrs	10 yrs	11/12 yrs	13/14 yrs	15/Over
200m						
Event - Freestyle 8th September 2016 EM161103						
Age	8/Under	9 yrs	10 yrs	11/12 yrs	13/14 yrs	15/Over
200m						
Event - Individual Medley 13th October 2016 EM161104						
Age	8/Under	9 yrs	10 yrs	11/12 yrs	13/14 yrs	15/Over
200m						

		Date of Birth	
First Name	Surname	<b>Age as at 31st December 2016</b>	
ASA Number		Contact Telephone Number	
Entry Fee £0.50 per Event		Total Entry Fee Paid	

I declare that the above particulars are correct and that I am eligible for competition in accordance with the ASA Laws and that I am First Claim Swimmer to MHSC. I acknowledge that the details may be retained in the Club's computer records

**Signature** of swimmer..... Date..... **Signature** of carer if swimmer under 18.....

Cheques should be made payable to **Market Harborough Swimming Club**. Entry fee **must** accompany entry form

You may only enter the events in your age group; the shaded areas indicate events that you are NOT eligible to swim.

**Entries must be submitted to Val Dunton**  
**Closing Date for Entries 17th February 2016**  
*No Late entries will be accepted*

Please tear off and keep this portion as a reminder of what you have entered

Stroke	Event Entered	Date
200m Butterfly		17/03/2016
200m Backstroke		14/04/2016
200m Breaststroke		12/05/2016
200m Freestyle		08/09/2016
200m Individual Medley		13/10/2016